

Infant Feeding DURING DISASTERS







BREASTFEEDING matters because...

It can be impacted if stopped for even a short period of time. Breastfeeding cannot be put on 'hold' until the disaster is over.



It can help protect against respiratory illnesses & diarrhea, which can be fatal to displaced families

It protects infants from the risks of using contaminated water supplies during a disaster.

Breast milk is available all the time without needing other supplies.

Barriers to BREASTFEEDING during a DISASTER



Lack of lactation support. whether it is a new mother or a mother with a newlyweaned baby.

Being away from home -displaced or having to relocate.

Being separated from people who usually support the mother.

Lack of privacy, security, comfort, dim lights & quiet in emergency shelters.

BREASTFEEDING benefits



Breastfeeding Mothers

Reduce their risks

- Ovarian cancer
- Breast cancer Type 2 Diabetes



Breastfed infants

Have a reduced risk of:

- Lower respiratory
- infections Type 2 diabetes
- Obesity



Workforce & environmental

- Infants have less illness so mothers miss less work
- Less trash & plastic waste compared to formula & bottle

can help

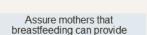


Communities who promote breastfeeding*

- Could save \$13 billion
- annually Prevent 1,000 deaths per year *(for 90% of women for their babies first 6 months of life)

Ensure access to healthcare providers with lactation experience.

> Create safe locations for pregnant &



HowRESPONDERS

breastfeeding can provide sufficient nutrition for babies when other foods aren't available.

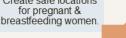




Provide water & food for breastfeeding mothers



As a last resort, ready to use infant formula in a disposable cup should be the alternative.





For more information visit http://www.acf.hhs.gov/ohsepr

1. 2011 Surgeon General's Call to Action to Support Breastfeeding: http://www.surgeongeneral.gov/library/calls/breastfeeding/index.html

2. American Academy of Pediatrics Infant Feeding During a Disaster: http://www2.aap.org/breastfeeding/files/pdf/InfantNutritionDisaster.pdf

3. La Leche League International: http://www.llli.org/faq/emergency.html