

# THE IMPACT OF TONGUE AND LIP TIE ON THE BREASTFEEDING SWALLOW

Featuring Julie Matheney, SLP, IBCLC

**Early Bird \$25**  
**General Admission \$40**

**March 11th, Friday**  
10:00 AM to 12:30 PM PST



**Register**  
**Now**

<https://tinyurl.com/tongue-tie>



## SPEAKER



Julie Matheney knew when she was ten years old that she wanted to feed babies for a living. She earned her Masters in speech-language pathology and has worked with feeding and swallowing disorders for over a decade. While most people assume speech therapists teach children who stutter or work on "r's and s's", the bulk of her job is feeding and swallowing as part of a hospital based, rehabilitation team. The same things you speak with, you eat with! Over the past decade working in the NICU, she discovered her passion for working with breastfeeding families and became an IBCLC in 2018. She transitioned out of the hospital in July 2021 and currently works full time in private practice as a lactation consultant in Los Angeles. She enjoys helping the whole family in the feeding process to meet their goals. Her loving husband is always supportive of her in her vocational passions and was instrumental in launching her private practice. She has two young daughters, both of whom were exclusively breastfed until two years old.

## DESCRIPTION

Swallowing is a complex mechanism that involves the specific coordination of nerves and muscles while overlapping the precise regulation of the respiratory system. When oral ties or restrictions are present, they not only cause symptoms in the breast feeding dyad, they can also cause changes to the mechanism of the swallow. This presentation analyzes the impact of tongue tie on the breast feeding swallow from a speech pathology perspective.

## OBJECTIVES

During this presentation, participants can expect:

- To understand the anatomy and physiology of the infant swallow
- To understand the impact lingual and labial restrictions have on the swallow mechanism that impact breastfeeding

## AGENDA

**10:00am - 10:05am**

Introductions

**10:05am - 11:45am**

The Impact of Tongue and Lip Tie on the Breastfeeding Swallow

**11:45am - 11:55am**

Break

**11:55am - 12:00pm**

A word from our sponsor

**12:00pm - 12:30pm**

Q&A

## CONTINUING EDUCATION

BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1.5 L- CERPs will be awarded.

RDs & OTs: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio



<https://www.breastfeedla.org>